



Parents and Citizens' Association
696 Albany Creek Road,
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6 October 2017

Free Positive Parenting Program

Parenting doesn't have to be this difficult! The Triple P – Positive Parenting Program, offers practical tips and strategies that really do work, backed up by 30+ years of ongoing research.

Come along to relaxed group Triple P sessions with other parents and find out why kids misbehave and what you can do to turn things around. Practical tips and strategies for cooperative kids, calm parents and a happier family life – what's not to love?

The P&C are proud to offer this light touch intervention program over three (3) nights helping parents who are generally coping well, but have one or two concerns with their child's behavior or development.

Seminar 1 – Power of Positive Parenting 7pm, Thursday, 19 October

Seminar 2 – Raising confident, competent children 7pm, Thursday, 2 November

Seminar 3 – Raising Resilient Children 7pm, Thursday, 16 November

**Please note: Each session runs for 90 minutes and will be delivered in the Library Classroom at Albany Creek State School. This program is open to parents and caregivers of Albany Creek State School students only.

If you are interested in attending, please complete the slip below and return it to the office by Friday 13 October 2017, or let us know via email at pandc@albacreess.eq.edu.au.

Samantha Ford
P&C President 2017

Name: _____

Student's Name: _____

Phone: _____ Email: _____

Which sessions would you like to attend? (please circle) **1 2 3 All**